



CAYUGA COUNTY
CHAMBER OF COMMERCE



HelpPeopleSM

EMPLOYEE ASSISTANCE SERVICE

A DIVISION OF CROUSE HOSPITAL

Special discounted rate for HelpPeople's Employee Assistance Program (EAP) exclusively offered to Chamber Members

EAPs have been shown to contribute to **decreased absenteeism**, reduced accidents, **greater employee retention**, fewer labor disputes, and significantly reduced medical costs arising from early identification and treatment of individual mental health and substance use issues.

HelpPeople EAP is a local, full-service, confidential employee assistance program that offers:

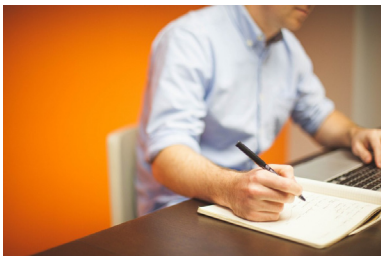
- Face-to-face and phone counseling sessions
- Immediate referrals and access to community resources
- 24-hour crisis support

Credentialed clinicians addressing issues including:

- anxiety
- depression
- marital, family, and financial issues
- drug and alcohol abuse
- work-life balance
- work related conflicts
- and more at no cost to your employees



More information about the services that are provided by **HelpPeople EAP** can be viewed at www.helppeople-eap.org.



HelpPeople also offers:

- On-site employee and management trainings for businesses
- Management consultations pertaining to troubled employees
- Critical incident and bereavement services

Interested in learning more about this Chamber-Member benefit?

Contact **Elizabeth McCarthy, NCC, LMHC**
Clinical Manager, HelpPeople

(315) 470-7447, (800) 777-6110, bethmccarthy@crouse.org